



Holiday Blues!

The holiday season often brings unwelcome guests- anxiety, stress, depression and tonnes of extra calories through sugar and alcohol. The holidays present a dizzying array of demands — parties, recitals, shopping, baking, cleaning and entertaining, in addition to flying a full schedule. When stress is at its peak, it's hard to stop and regroup. Try to prevent stress and depression in the first place, especially if the holidays have taken an emotional toll on you in the past.

You can minimize the stress that accompanies the holidays. You may even end up enjoying the holidays more than you thought you would. Acknowledge your feelings, delegate and be realistic about your expectations. Stick to a budget, plan in advance and learn to say no. And take a breather from it all. Don't abandon your healthy habits.

Before you reach a breaking point, reach out for help. **Your Employee Assistance Program is available to assist you throughout the holidays at 905 676-2088.**

Holidays, Office Hours & Bidding Dates

Bidding opens **December 8 and closes on December 14, 2017.**

Your CUPE Local is open Monday to Friday 9 – 6 pm and Saturday 10-4 pm. The office will be open December 25 & 26, 10-4 pm only. You can call and leave a message at (905)



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Office Hours

Monday - Friday:

9:00am to 6:00pm

Saturdays - Holidays:

10:00am to 4:00pm

676-4293 or email office@local4092.ca.

Interfaith centres in Terminals 1 & 3 provide a place for people to reflect, pray, and spend some quiet time amid the hustle and bustle of the airport. The Aviation Interfaith Ministry also provides qualified and certified full-time chaplains to provide pastoral counseling, hospitality, and distribute free practical and devotional literature. There will be a special holiday service at **noon on December 20, 2017** at the Terminal 1 chapel, on the domestic arrivals level, near the Tim Hortons.

All are welcome.

Ending Violence

On December 6, CUPE joins with people across Canada to mark the anniversary of the 1989 École Polytechnique massacre, where 14 women were singled out and murdered because of their gender. One of those women, Maryse Laganière, was a CUPE member who worked at the school. Sadly, in the 28 years since the massacre, we see that gender-based discrimination and violence remains all-too widespread in our workplaces and our communities. By using hashtags such as #MeToo and #YesAllWomen, women are taking to online and offline spaces to reveal just how prevalent gender-based violence actually is. For more info and ways to help, click [here](#).

2017-2037 Toronto Pearson Master Plan

As you may be aware, the GTAA is currently in the process of updating its Master Plan for Toronto Pearson. The Master Plan is a document that outlines the GTAA's short, medium and long-term plans for airport development. The GTAA takes the view of looking ahead 20 years and what its needs will be in terms of the airfield, passenger terminals, ground side access, cargo, business aviation, support and ancillary facilities and the facility improvements that are needed to ensure Toronto

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Pearson operates efficiently.

The plan serves as a blueprint for development of Toronto Pearson facilities, but also provides a snapshot of existing conditions, capabilities, future needs and establishes the Land Use Plan for Toronto Pearson.

As part of the Master Plan process, the GTAA has been engaging with and discussing the draft plan with stakeholders and answering any questions they may have. In November, the GTAA held two information sessions at the Viscount Station for airport employees who were interested in finding out more about the Master Plan.

The GTAA has also recently shared a [brochure on its website](#) that outlines a summary of the Master Plan 2017-2037. The full Master Plan submission will be sent to the Minister of Transportation on December 1, 2017. It will be interesting to see if this plan stirs up enough interest on the part of investors to further the Government's [privatization plans](#).

Welcome Flair!

CUPE is excited to welcome the flight attendants of Flair Airlines to its growing ranks of airline employees. "On behalf of all of us at CUPE, I'd like to extend our warmest congratulations to all 101 flight attendants at Flair who will now enjoy the strong representation and broad range of resources offered by Canada's largest trade union," said CUPE National President Mark Hancock.

With Flair flight attendants coming on-board, CUPE solidifies its stance as Canada's flight attendant union, representing nearly 12,000 flight attendants across ten different airlines from coast to coast to coast. Over the coming weeks and months, CUPE will work together side by side with Flair flight attendants to begin discussions about local bylaws and determining

priorities for their first ever collective agreement.

Air Georgian flight attendants joined CUPE in January 2017, and with the addition of Flair, it's clear that CUPE is the best choice to give flight attendants in Canada the industry expertise and strong legal representation they need and deserve. Is [WestJet](#) next?

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